

FORBESLIFE: TRAVEL ISSUE



New York, NY (May 2011) – Take an exclusive look into the complexities and culture of mixology at the five-day “Tales of the Cocktail” conference in New Orleans, profiled in **Shake It Up! (pg. 85)**. “The Science of Stirring” seminar gives insight into the seemingly simple act of stirring, while the physical education seminar teaches bartenders how to assert the gracefulness of a ballet dancer behind the bar. Also, learn four contemporary cocktail recipes like the Blue Kumquat and the Violet Dendrobium.

Features include:

Home to Beirut (pg. 53) – A memoir of Salma Abdelnour’s journey back to Lebanon after decades away. Abdelnuor reacquaints herself to the city she once knew, which remains authentic at its core despite its destruction and reconstruction throughout the years.

No Walk in the Park (pg. 48) – Follow CEO Todd Carmichael’s journey through Death Valley as he tries to become the first person to trek the treacherous desert alone.

Chasing Shakespeare (pg. 96) – From an all-nude *Macbeth* to *The Donkey Show: A Midsummer Night’s Disco*, creative productions of Shakespeare’s plays are in high demand. Despite the hype, Edel Rodriguez pushes for the dwindling simplicity of Elizabethan productions.

Racing at Del Mar (pg. 58) – The racing at Del Mar is one of the last remnants of old time sports, satisfying the desire for a lavish afternoon at the tracks.

Plus:

Fossil Hunting (pg. 20) – A new trend at the auctions- buying rare fossils for the home.

The EYE: Teckell Foosball Table (pg. 30) – The Italian brothers, Davide and Gabriele Adriano, have transformed Foosball Tables into fancy must-haves.

Life Changers (pg. 70) – Take a different but life-changing vacation. Find a peaceful balance in life and challenge the mind at Miraval, Tucson or get a rigorous boot-camp style detox from The Ranch at Live Oak, Malibu.

Worth It List (pg. 46) – From ginger crème brulee ice cream to hiking the Inca Trail, *ForbesLife* lists its top 10 summer essentials.

Business Trip (pg.76) – Get the most out of your business stay in Shanghai. Visit the stylish 789 New Concept Hot Pot restaurant and book a room overlooking the river at The Peninsula.

For more, visit www.forbes.com/forbes-life-magazine.

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